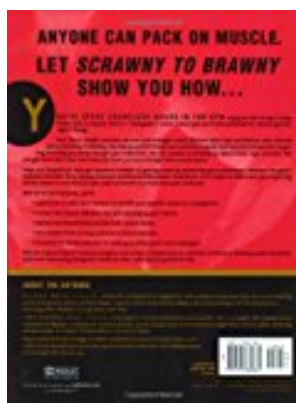


# [PDF] Scrawny To Brawny: The Complete Guide To Building Muscle The Natural Way

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#### Description:

**About the Author** MICHAEL MEJIA, exercise advisor and contributing editor to Men's Health magazine, is a strength and conditioning coach who owns and operates his own training facility in Long Island, New York. Coauthor of The Home Workout Bible, he designed the workouts for the popular Testosterone Advantage Plan.

JOHN BERARDI is a strength and nutrition specialist whose company specializes in designing strength and nutrition plans for elite athletes and recreational fitness buffs. He currently resides in Toronto, Canada.

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